

## The North Essex Mental Health Joint Commissioning Strategy for Adults 2014 to 2017

We are pleased to present this mental health commissioning strategy for North Essex for the period 2014 to 2017.

The Department of Health produced a strategy in February 2011, *No Health Without Mental Health: A Cross-Government Mental Health Outcomes Strategy for People of All Ages*. This sets out the government's ambitions to mainstream mental health. **North Essex CCGs and Essex County Council are committed to adopting the strategy's recommendations.**

We commission a wide range of services in many settings, both in primary and secondary care, these services often work in partnership with each other. The strategy recognises the importance of joint commissioning with social care, developing community well-being, delivering services closer to home in primary and community settings and the need to promote parity of esteem with physical health needs, ensuring that physical and mental health services are integrated more effectively

This strategy has been produced through the partnership working of health and social care colleagues and describes the vision for the commissioning and delivery of mental health services for North Essex over the next three years.

The principles within the strategy are now being adopted locally by the individual CCGs and ECC with implementation underway specifically with regards the development of more community based provision for patients with mild to moderate mental health illness.



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*on behalf of north Essex CCGs*



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