

Policy statement:	Hip Joint Injections
Status:	Individual Prior Approval

M&SECCGs commission hip joint injections under imaging guidance on a restricted basis.

Current evidence on the safety and efficacy does not appear adequate to routinely recommend hip joint injections.

M&SECCGs only fund hip injections in the following circumstances:

- Diagnostic aid
- To introduce contrast medium to the joint as part of hip arthrogram
- Investigation of infection in biological and replaced hips.
- Adults with inflammatory arthropathy

Individual prior approval approval is required.

Funding for patients not meeting the above criteria will only be granted in clinically exceptional circumstances.

Individual funding requests should only be made where the patient demonstrates clinical exceptionality.

Further information on applying for funding in exceptional clinical circumstances can be found on the CCGs' website.

References:

Intraarticular Hip Injection and Early Revision Surgery Following Total Hip Arthroplasty: A Retrospective Cohort Study 23 September 2014. <https://doi.org/10.1002/art.38886>

Is Anesthetic Hip Joint Injection Useful in Diagnosing Hip Osteoarthritis? A Meta-Analysis of Case Series June 2014: <https://doi.org/10.1016/j.arth.2013.12.008>