

Policy statement:	Continuous Positive Airway Pressure (CPAP) in Adults
Status:	Group Prior Approval

M&SECCGs commissions Continuous Positive Airway Pressure (CPAP) on a restrictive basis for patients with moderate or severe Obstructive Sleep Apnoea/Hypopnoea Syndrome (OSAHS) in Adults (≥ 15 hypopnoea events/hour per night)

CPAP is the first choice therapy for patients with moderate or severe OSAHS that is sufficiently symptomatic to require intervention.

Persistent low CPAP use (less than two hours per night) over six months, following efforts to improve patient comfort, should lead to a review of treatment.

Funding for patients not meeting the above criteria will only be granted in clinically exceptional circumstances.

Individual funding requests should only be made where the patient demonstrates clinical exceptionality.

Further information on applying for funding in exceptional clinical circumstances can be found on the CCGs' website.