

Policy Statement; Prescribing of molludab for molluscum contagiosum is not supported

Mid Essex Clinical Commissioning Group does not support the prescribing of molludab for molluscum contagiosum a viral skin infection caused by the molluscum contagiosum virus (MCV)

Molluscum contagiosum is a self-limiting viral skin infection. The NHS Clinical Knowledge Summaries (CKS)¹ scenario says that treatment for Molluscum contagiosum is **not usually recommended**.

Advice for self-care:

- Reassure people that molluscum contagiosum is a self-limiting condition. Spontaneous resolution usually occurs within 18 months.
- Explain that lesions are contagious, and it is sensible to avoid sharing towels, clothing, and baths with uninfected people (e.g. siblings).
- Encourage people not to scratch the lesions. If it is problematic, consider treatment to alleviate the itch.
- Exclusion from school, gym, or swimming is not necessary

Treatment is usually only recommended for older children and adults in cases where the spots are particularly unsightly and affect quality of life. Molludab is available for 'over the counter' (OTC) purchase for these purposes.

Providers commissioned to provide services on behalf of Mid-Essex CCG are reminded that they are required to follow the Mid-Essex CCG formulary and prescribing guidance as detailed in their contract (Medicines Management Service Specification).

See Mid-Essex CCG website – Medicines optimization page for all prescribing guidance:

<http://midessexccg.nhs.uk/your-health-services/medicines-optimisation>

Title	Molludab Policy Statement
Document reference	MolludabPOL201504V1.0FINAL
References	¹ NHS Clinical Knowledge Summaries (CKS) scenario for Molluscum contagiosum http://cks.nice.org.uk/molluscum-contagiosum#!scenario NHS Choices: Molluscum contagiosum www.nhs.uk/conditions/molluscum-contagiosum/Pages/Introduction.aspx http://www.dorsetccg.nhs.uk/Downloads/aboutus/medicines-
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Previous version	Key Changes
n/a	New Policy